

Sing Along and Dance!



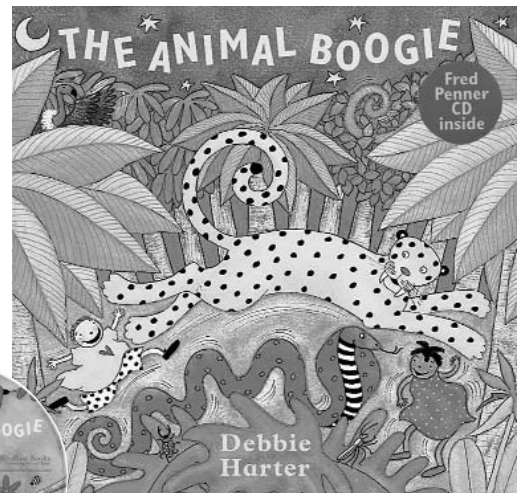
A Barefoot Activity

For children aged 3 - 7

Boogie, woogie, oogie with the animals of the jungle! Using the fun and catchy music from *The Animal Boogie*, children will learn to associate music and movement as they dance and sing along!

Benefits

Connect words, music and movement.
Learn that dance is a fun form of exercise!



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Let's Boogie!

- ◆ Read the book aloud to introduce children to the story.
- ◆ Next, play the CD. Afterwards, point out how different the book becomes when you add music. Ask the children what they felt. 'Does it make you want to move your feet?' or 'Do you want to shake and shimmy?' Be silly and they'll be silly too!
- ◆ Play the song again, this time encouraging the children to hum or sing along!
- ◆ Now that everyone is familiar with the song, play it again and ask the children to add movements for the animals on each page. Then ask them to make up movements for 'boogie, woogie, oogie.' Don't give too much instruction so that the children can be creative and come up with their own moves!
- ◆ Play and sing the other verses from the book and have the children act out the ways the different characters move. You may want to assign the animals or point to different children as you go.
- ◆ Finally, play the song again, adding all the elements together, encouraging the children to sing, dance and act out the movements for their favourite animals.
- ◆ If you are feeling really ambitious, gather parents and friends to watch a performance of *The Animal Boogie* that you have just completed.

Materials

- The Animal Boogie* with CD
- CD player
- At least one adult to lead the group
- Children (as many as you can handle)
- Imagination!